



Volunteer Information Form

Thank you for interest in Volunteering at Pegasus.

Pegasus provides horse facilitated therapeutic riding and horsemanship sessions for people with a disability in the ACT and surrounding areas. Pegasus is a not-for-profit organisation that relies on volunteers to help us keep our farm gates open. Volunteering at Pegasus is fun, enriching and fulfilling. It unites people from diverse backgrounds and provides a volunteering experience which is very rewarding and good for your own health and wellbeing. Pegasus is based on a beautiful 100-acre horse property in Holt. Lovely friendships are built along with a better understanding and awareness of the difficulties experienced by people living with a disability and how horses can help facilitate to develop their abilities.

Pegasus is reliant on a variety of volunteers to assist us to help people living with a disability and has several areas where you could share your talents and expertise and help such a wonderful and magical place. We truly value our volunteers and cannot do what we do without you.

Please visit the website for full position descriptions, or email volunteers@pegasusact.com.au

All volunteers who are over 16 must be able to obtain and maintain a current Working with Vulnerable People (WWVP). These are free to volunteers and available from Access Canberra https://www.accesscanberra.act.gov.au/app/answers/detail/a_id/1804/~/working-with-vulnerable-people-%28wwvp%29-registration

Pegasus welcomes volunteers between the ages of 14-80 years of age. Volunteers must demonstrate that they are physically capable of performing the duties they are allocated.

Commitment and Availability.

Pegasus currently is open from Mondays to Saturdays.

If you are wanting to volunteer in programs, please be advised that programs are run Tuesdays, Wednesdays, Thursdays all day and Saturday mornings. It is the **weekdays** where we need the majority of our volunteers, especially Tuesday, Wednesday, and Thursday.

Most classes go for 30 to 45 minutes, and you would need to allow approx. 15 minutes before and after each class as well. It is preferable if you are able to commit to a minimum of one class a week during school terms. This helps with class continuity and creating those bonds and relationships that help our participants succeed.

We are also in need of volunteers that would be available during school holidays. This would be very suitable for school and uni aged volunteers who may not have weekday availability.

Working in Stables, Gardening, Fundraising etc has more flexible times for volunteering.

We need volunteers in the following areas:

Horse Leaders

- Need to have previous horse experience.
- This is a physical role, that will include leading horses, in the indoor and outdoor arenas and outside in the paddocks and grounds of Pegasus. Mostly done at the walk, some trotting will be required for some participants.
- Roles may include leading horses for participants doing an unmounted (no riding) program, a riding program with side walkers to assist the rider, or a riding program with no side walker to assist the rider.
- This role may require physically assisting riders to get on or off their horses (including some lifting occasionally)
- Full training will be provided for this role.

Side walkers

- No previous horse experience required as you will be working with the participants.
- This is a physical role, that will include walking beside the participants while they ride horses, in the indoor and outdoor arenas and outside in the paddocks and grounds of Pegasus. Mostly done at the walk, some trotting will be required for some participants.
- Some lessons may be done at a slower pace but may require side walkers to physically hold onto riders.
- This role may require physically assisting riders to get on or off their horses (including some lifting occasionally)
- Full Training will be provided for this role.

Stable hands

- Previous horse experience is preferred.
- Mucking out stables and picking up manure in yards
- Grooming horses
- Feeding, rugging, catching, releasing, and moving horses
- Other duties around the stables and care of horses
- This is a physical role, that will require some ability to carry out physical tasks and handle horses.
- Full Training will be provided for this role.

Fundraising and Events

- Assistance with fundraising and events
- This may be manning a stall at a fete, flipping sausages at Bunnings, through to big events like open day.
- This could be assistance on the day of an event or being on a planning committee leading up to an event.

- We require people with fundraising or events experience as well as those without experience who would love to help.
- Full Training will be provided for this role.

General farm work, gardening or facilities and equipment maintenance

- We have many roles around the farm and facilities that we require help with either regularly or from time to time. Such as
 - Gardening
 - Maintenance
 - Farm work
 - Cleaning
 - Painting
 - Fixing equipment.

Grant writing

- We always appreciate assistance with grant writing, which is so important to us being able to access funding.

Administration assistance

- Ad hoc or project administration comes up from time to time. This could include;
 - Admin assistance to programs, volunteers, or fundraising
 - Scanning, filing, archiving or mass mail outs.
 - Phone calls, surveys
 - Assisting with spread sheets, systems, and data bases

Whatever your interest or expertise, we are very keen to hear from you.

Please note that once a volunteer is established in a role, there will be opportunities for further training in other roles.

All volunteers are required to:

- Attend induction.
- Attend any associated training.
- Hold a valid Working with Vulnerable People Card

Please fill in the registration form online, or download and print hard copy and return to Pegasus volunteers@pegasusact.com.au or 119 Drake Brockman Drive Holt ACT 2615

If you have any questions at all or would like to arrange a visit to Pegasus, please don't hesitate to contact us via email or call 02 6254 9190.