



# Volunteer Information Form

Welcome to Pegasus Riding for the Disabled ACT and thank you for interest in volunteering with us.

Pegasus provides therapeutic horse-facilitated riding and horsemanship sessions for people living with a disability in the ACT and surrounding areas. Pegasus is a not-for-profit organisation that relies on volunteers to help us keep our farm gates open. Volunteering at Pegasus is fun, enriching and fulfilling. It unites people from diverse backgrounds and provides a volunteering experience, which is very rewarding and good for your own health and wellbeing. Pegasus is based on a beautiful 100-acre horse property in Holt. Lovely friendships are built, along with a better understanding and awareness of the difficulties experienced by people living with a disability and how horses can help facilitate the development of their abilities.

Pegasus is reliant on a variety of volunteers and has several areas where you could share your talents and expertise. We truly value our volunteers and cannot do what we do without you. Please visit the website for full position descriptions, or email:

[volunteers@pegasusact.com.au](mailto:volunteers@pegasusact.com.au)

We need volunteers in the following areas:

## Horse Leaders

- Need to have previous horse experience.
- This is a physical role that will include leading horses in the indoor and outdoor arenas, and outside in the paddocks and grounds of Pegasus. Mostly done at the walk, some trotting will be required for some participants.
- Roles may include leading horses for participants doing an unmounted (no riding) program; a riding program with Side Walkers to assist the rider; or a riding program with no Side Walker to assist the rider.
- This role may require physically assisting riders to get on or off their horses (including some lifting occasionally).
- Full training is provided for this role.

## Side Walkers

- No previous horse experience is necessary, as you will be working primarily with the participants.

- This is a physical role, which includes walking beside the participants while they ride their horses in the indoor and outdoor arenas, and outside in the paddocks and grounds of Pegasus. Mostly done at the walk, some trotting will be required for some participants.
- Some lessons may be done at a slower pace and may require Side Walkers to physically hold onto riders.
- This role may require physically assisting riders to get on or off their horses (including some lifting occasionally).
- Full training is provided for this role.

### Stable Hands

- Previous horse experience is required.
- Mucking out stables and picking up manure in yards.
- Grooming horses.
- Feeding, rugging, catching, releasing and moving horses.
- Other duties around the stables and care of horses.
- This is a physical role that will require some ability to carry out physical tasks and handle horses.
- Full training is provided for this role.

### Fundraising and Events

- Assistance with fundraising and events.
- This may be manning a stall at a fete or flipping sausages at Bunnings BBQs, through to big events like the annual Pegasus Open Day.
- Assistance on the day of an event, or being on a planning committee leading up to an event.
- We require people with fundraising or events experience, as well as those without experience who would love to help.
- Full training is provided for this role.

### General farm work, gardening, or facilities and equipment maintenance

- We have many roles around the farm and facilities that we require help with – either regularly or from time to time. Such as:
  - gardening
  - maintenance
  - farm work
  - cleaning
  - painting
  - fixing equipment.

## Grant Writing

- We always appreciate assistance with grant writing, which is so important to us being able to access funding.

## Administration Assistance

- Ad hoc or project administration comes up from time to time. This could include:
  - admin assistance for programs, volunteers or fundraising
  - scanning, filing, archiving or mass mail outs
  - phone calls, surveys
  - assisting with spreadsheets, systems and databases.

Whatever your interest or expertise, we are very keen to hear from you.

Please note that once a volunteer is established in a role, there will be opportunities for further training in other roles.

Pegasus welcomes volunteers between the ages of 14–80 years of age. Volunteers must demonstrate that they are physically capable of performing the duties they are allocated.

All volunteers who are over 16 years of age must be able to obtain and maintain a current Working With Vulnerable People (WWVP) card. These are free to volunteers and available from Access Canberra:

[www.accesscanberra.act.gov.au/app/answers/detail/a\\_id/1804/~/working-with-vulnerable-people-%28wwvp%29-registration](http://www.accesscanberra.act.gov.au/app/answers/detail/a_id/1804/~/working-with-vulnerable-people-%28wwvp%29-registration)

## All volunteers are required to:

- Attend induction.
- Attend any associated training.
- Hold a valid Working With Vulnerable People card.

## To Apply:

Please fill in the registration form online, or download and complete and return to Pegasus [volunteers@pegasusact.com.au](mailto:volunteers@pegasusact.com.au) or 119 Drake Brockman Drive, Holt ACT 2615.

## Questions?

If you have any questions or would like to arrange a visit to Pegasus, please don't hesitate to contact us via email at: [volunteers@pegasusact.com.au](mailto:volunteers@pegasusact.com.au) or call 02 6254 9190.