

Volunteer – Side Walker

Position Title	Volunteer Program Support – Side Walker
Reports to	Class Coach, Volunteer Coordinator
Location	Pegasus Riding for the Disabled, Holt, ACT
Objective	
Pegasus Riding for the Disabled ACT is a not-for-profit charitable organisation providing opportunities for people living with a disability to enjoy the pleasures and benefits of our therapeutic horse-facilitated programs and activities.	
Outline of Volunteer’s responsibilities and list of tasks:	
<p>The Side Walker’s role is to walk next to the participant and provide physical, verbal, and/or emotional support as required. This volunteer role will vary depending upon the needs of the particular participant. For example, some participants may need physical assistance to balance, while others may require help to understand and follow the Coach’s instructions. The Side Walker will also need to communicate with the Leader so that the team can work effectively together. Duties may include:</p> <ul style="list-style-type: none"> • Responsibility for maintaining the safety of participants before, during and after classes. • Assisting participants before and after class with helmets and boots. • Attending the briefing and debriefing before and after class sessions. • Reporting to the Coach about any participant-related issues. • Providing a short written report of observations about the participant at the end of each lesson. • Assisting with setting up or packing up the arena. 	
Experience, Training and Support Plan:	
<p>Side Walking is a responsible and sometimes strenuous activity. Side Walkers will be required to have a good level of fitness, as the position does involve being on your feet and walking for up to an hour, plus short periods of running beside the horse at the trot.</p> <ul style="list-style-type: none"> • Side Walkers must be between 14 years and 80 years of age and hold a current Working with Vulnerable People Card (if over 16 years). • Previous experience with children or people with a disability an advantage. • It is important that Side Walkers demonstrate a friendly attitude and get along with others. • Experience with horses is helpful but not a requirement. • Induction and Basic Training must to be completed. • Ongoing mentoring, support and training will be provided. 	
Time commitment:	
<ul style="list-style-type: none"> • Minimum 1.5 hours per week – Maximum 10 hours per week, in term time (this is including time spent doing other roles at Pegasus). • And/or assistance in School Holiday Programs as required. 	
Benefits of volunteering at Pegasus:	
<p>Volunteering at Pegasus is a fun and fulfilling experience. Pegasus is a friendly happy community, where everyone is welcome and valued. Volunteering at Pegasus provides an opportunity to help people living with a disability to develop their abilities. Benefits of volunteering include:</p> <ul style="list-style-type: none"> • Opportunity to expand your range of skills and experience. • Physical activity and lots of fresh air and stunning views. • Enjoyable social interaction and involvement with horses and children. • Promotes a sense of wellbeing and happiness. 	