



# PEGASUS

# HoofPrint

Riding for the Disabled of ACT (Inc.)

Term 2 2012

Hello All,

What a full on year 2012 is turning out to be! We have just finished running our **2012 Obstacle-athon** and what a great week it was. It was wonderful to watch all our participants thoroughly enjoying themselves negotiating the obstacles with skill and determination. See some of the wonderful photos taken by Anna later in the newsletter.

We have a couple of events coming up in the near future which will hopefully assist us in raising much needed funds for Pegasus. On the **first weekend in August** staff and volunteers will be manning the **Raiders vs Broncos game** here in Canberra to launch our Pegasus Foundation Membership Drive. Stay tuned for more information.

Also from **17 - 19 August** we will again be assisting Canberra City Rotary in running the **Springtime Antique and Collectibles Fair** at the Albert Hall. Proceeds from the Fair will once again be donated to Pegasus. This has been a wonderful partnership with Canberra City Rotary which will continue onto the Fair in Canberra's centenary year of 2013.

Many thanks also to those people who have been making their end of financial year donations to Pegasus. We greatly appreciate all the support, every dollar counts! Thank you.

*Simone Doherty, Executive Officer*

## Tax Time is here! Donate now, every dollar helps

Please consider making a donation to Pegasus to assist us in continuing to provide our services. Every dollar is much appreciated and helps us to continue providing our services and looking after our wonderful herd. Remember every donation over \$2 is tax deductible and the end of the financial year is upon us.

Donations can be made:

- Online at <http://www.givenow.com.au/pegasusrda>
- By EFT to: **Account Name:** Riding for the Disabled for the ACT Inc T/as Pegasus  
**BSB No:** 032 712  
**Account No:** 112218
- By cash/cheque only to Pegasus at 119 Drake Brockman Drive, HOLT ACT 2615

## 2012 Dates for your diary



- **Raiders vs Broncos Fundraising Match** – weekend of 3, 4 and 5 August 2012
- **2012 Antique and Collectibles Fair** – Friday 17, Saturday 18 and Sunday 19 August 2012
- **Term 3 2012** – Tues 7 August – Sat 29 September
- **Term 4 2012** – Tues 16 October – Sat 8 December
- **Family Days** – Tues 3 July – Sat 7 July and Tues 4 December – Sat 8 December
- **2012 Christmas Party** – Sat 8 December

## Featured Donor

### Cooper (Pegasus rider), his family and friends

Cooper, along with his family and friends, managed to raise over \$1,200 in sponsorship for Cooper participating in the 2012 Obstacle-athon at Pegasus, a truly amazing effort. **Thank you all!**



A member of:



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## Funding Matters!



### Looking for that Pot of Gold

We are still actively searching to increase recurrent funding to enable Pegasus to continue providing its services and programs to people with a disability in the Canberra region.

Currently we are in the process of compiling a Business Case once again to the ACT Government to have our recurrent funding through Disability ACT increased. This funding has been slowly but surely eroding in real terms as the years go by and we are now in a precarious position for the ongoing viability of Pegasus in the coming years.

Previous Business Cases presented annually to the ACT Government have been unsuccessful and over time we have been selling valuable investment assets intended to generate income for Pegasus to prop up the funding shortfall. This has of course meant we no longer have this income generating stream. This is not a long term solution to the continuing reduction in funding in real terms. Without a timely increase in recurrent funding Pegasus will eventually have to close its doors.

In this difficult fiscal environment we are maintaining tight control over expenditure and are also continuing and expanding our fundraising activities and actively encouraging the community to support Pegasus by way of donations.

If you know of anyone, in particular businesses, who may be able to assist with financial support please pass our details onto them. We'd greatly appreciate any assistance we receive. In particular we are looking for ongoing financial support so we have a predictable income stream. Even a small amount each month, quarter or year on an ongoing basis will be of great assistance. Big things, out of small things grow.

All donations large or small are greatly appreciated. Remember donations over \$2 are tax deductible.

There are various ways to make donations to Pegasus but the easiest is through the secure website "Give Now".

<http://www.givenow.com.au/pegasusrda>

Donations made this way can be a one off donations or recurring ones.



## Adopt a Pony!

Another great way to support Pegasus is to adopt one of our wonderful ponies. The average cost for keeping one pony for a month is \$250 or \$3,000 for a year and sponsorship can be a one off arrangement or an ongoing relationship ... whatever suits you.

Adoption of a pony covers the following:

- Hay and supplementary feed
- Health Services including veterinary, dental, chiropractic, physiotherapy, etc
- Farrier services

### Featured Pony

#### Max



*Here is our handsome boy ... and 'Oh, how good does that feel?'*

Max is a handsome welsh cob gelding. He stands 13.1 hands high and is a buckskin. Max is now 26 years old and came to Pegasus in 1999 from South Australia.

He greatly enjoys the friendship of the other geldings in the herd. In particular, he and Lochie can often be seen grooming each other in the paddocks just on the off chance that the girls might show up unannounced. They like to keep their manes in order just in case.

Max used to pull our driving carriage but has been retired from this work for some years now as our carriage is very heavy and Max is not getting any younger. He still enjoys his mounted class work immensely though.

Another endearing trait of Max's is his love of food! There is never an issue of him coming in from the paddocks in the morning as he is very aware that breakfast will be waiting in his stable prior to a good groom and then class work. In fact, if you open his stable door and let him out of the paddock he will take himself into his stable without needing a lead rope! He knows which side of the stable door his hay is buttered on.



*Max and Lochie getting ready ... just in case*

## Pegasus Events

2012 Springtime Antique and Collectibles Fair

**Friday, Saturday and Sunday  
17, 18 and 19 August 2012**



Once again **Canberra City Rotary** will be donating the proceeds of their Antique and Collectibles Fair to Pegasus. Make sure you put the dates of the Fair in your diary. It should be another outstanding event this year.

**Annette Ellis**, retired Federal Member of Parliament and current member of the Pegasus Foundation board, will be opening the Fair on Friday evening at 6pm, so pop in and have a look either on the opening night or sometime over the weekend.

It will be held once again at the Albert Hall in Yarralumla. The Fair is one of the longest-running, and most respected antique fairs in Australia which will bring together many antique dealers from around Australia with beautiful collections of furniture, jewellery, china, prints and much, much more.

Again this year, Pegasus volunteers will be assisting Canberra City Rotary volunteers with catering and manning the event across the weekend. **Anna will be emailing you in the next week or two** to see if you are able to help out.



Pegasus Membership Drive  
at the Raiders vs Broncos Game

**Weekend of  
3, 4 and 5 August 2012**

The Pegasus Foundation Membership Drive is an initiative to encourage individuals, families and businesses to become ongoing members of the Foundation by way of a \$1,000 annual subscription which can be paid annually or monthly. If successful this will provide Pegasus with a predictable and stable income which will allow us to plan and implement Pegasus programs more effectively.

Alan Tongue, former captain of the Raiders, and the Raiders team are supporting Pegasus with the launch of the initiative which will occur on the above weekend at the Raiders versus Broncos NRL game at Canberra Stadium. The final draw dates have not been set as yet by the NRL so we are unsure exactly which day of the weekend the match will be played.

We will hopefully have around 20 volunteers at the entry gates on the day to provide information to all NRL fans coming to the game about this initiative and to promote Pegasus in general. We will also be circulating with donation buckets on the day. Again, we will need some help with this so please stay tuned and **Anna will be in touch about this in the next week or two.**



versus



## Obstacle-athon

What a week we had! From Tuesday 19 to Saturday 23 June 2012 we ran the obstacle-athon for all classes and had a great time. All participants did a fantastic job of showing off their skills negotiating the obstacles in the set course.

Although the sponsorship monies are still rolling in, the proceeds from the day have far exceeded our expectations. The day is meant as a good fun day when riders can show off their skills to family and friends and have a lot of fun at the same time. We always encourage sponsors for each rider which adds a bit of extra incentive. This year we have been astounded at the response, many thanks to all the riders, their families and their friends for supporting the event and Pegasus in such a generous manner.



*Fishing and hanging out the washing*



*Cooper helping the bees to pollinate the flowers*



*Jousting and 'That was so much fun!'*

Some of these included knocking down the green bottles, helping the bees to pollinate the flowers, fishing, throwing snowballs at the snowman that had materialised after a very localised snow fall in the Pegasus grounds, hanging out the washing, jousting, feeding the resident lion sausages and lassoing Romeo the Pegasus bull.

## Pegasus Open Day Success



*Biscuit decorating in the sensory garden*

What a fantastic day we had on Saturday 5 May 2012. We had over 900 visitors to Pegasus on the day with everyone appearing to thoroughly enjoy themselves. We also raised around \$6,000 for Pegasus, an amazing outcome.

A big thank you to our wonderful sponsors of the day and to all our hardworking volunteers. Please support our sponsors as they supported us. A list is at the end of the newsletter.



*Dancers enjoying the Franklin B Paverty bush band*

The weather was absolutely beautiful, there was toe tapping entertainment from Franklin B Paverty bush band, a plethora of tasty foods including Bushranger Baked Potatoes, Black Magic Coffee and Dutch pancakes as well as the traditional homemade soups provided by the "staff" and loads of fun and entertainment for all.



*Pony patting in the stable yard*



*Balloons galore!*



*Max in the pony parade*



*Tired, happy and heading home*

## Staff Update



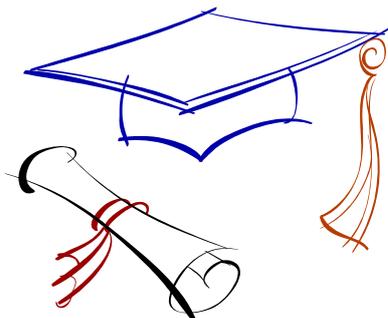
### We're having a baby!!!!

Mary (our Horse Manager) and Jay, newlyweds in Term 1 this year haven't messed about. There will be a Pegasus baby for us to fuss over late in the year. We are setting up a roster to see if we can arrange for Mary and Jay to have some time with the baby. The baby's roster is already pretty full up with the Pegasus aunties and uncles playing with her but we'll do our best to give Mary and Jay some time with her too.



## Coaches Corner

The biggest news in the coaching corner is that two of our trainee coaches **Anna Sullivan** and **Chris Nicholls** have now completed their Orientation to Coaching and are now officially RDAA level 1 trainees. Congratulations both of you. You are well on your way to becoming very good RDA coaches.



Barbara Hinds and Jo have continued to conduct regular coach training sessions on a Friday afternoon to assist trainees through their coaching workbooks. Current coaches are also welcome to join in the discussions this gives them the opportunity to ask questions and to share their experiences with the trainees.

In term two we've had a group of 8 students from Namadgi School join us to participate in our Horsing Around program. They've been working with some horses on the ground, as well as learning some moves on the vaulting barrel and doing some rhythm work with Ted.

Earlier this term Pegasus had their Open Day and the coaches worked hard getting horses trimmed and polished to look their best, as well as working with the riders preparing for the displays. They all looked stunning (the coaches did too!) on the day and the horses and riders performed faultlessly.



*Rhythm work demonstration on Open Day*

This term also saw two half day Volunteer Training sessions conducted with our coaches being heavily involved in this alongside Anna. We have also had a number of new horses on trial again this term so coaches have been kept busy with assessments and training of these potentially new Pegasus herd members.

At the end of the month a few of our coaches and trainees are going to Geelong to attend the **biennial RDAA Coaching Workshop**. This work shop is run over 3 days and will provide the coaches with a variety of different information sessions both lecture style and practical as well as the opportunity to network with a huge variety of coaches from a huge variety of RDA centers. Watch out they will return bursting with new ideas they'll want to try with their riders and volunteers next term!

Many thanks to Sport and Recreation Services for providing a grant to cover the costs of this valuable professional development opportunity.



**ACT**  
Government

## Herd Happenings

The herd has continued to develop and change over Term 2. We have welcomed Zip as a long term member of the Pegasus herd. We have been furthering his RDA training and introducing him to RDA lessons under the supervision of Pegasus staff. He is an inquisitive and intelligent welsh palomino pony gelding, 7yrs old and 13.2hh. We have also welcomed 'Bell' and 'Roy' onto the property in the past month. Both are on trial to become Pegasus ponies.



*Meet Zip our newest member of the herd*

We have said good bye to Leo as he returns to his previous owner. It became evident that he was not suited to RDA work and is now being moved onto a new owner that can develop him in another discipline.

We also farewell CC at the end of this term as she moves onto her new owners; a long standing and dedicated volunteer Emily Gray and Anne Gray. Despite being a valuable resource in our 'Horsing-Around Program' and in staff development it has been decided that CC was not suited to the RDA environment. We wish her and the Gray family all the best in their future together.

We continue to need more horses to join the Pegasus team so please keep your ears and eyes open for potentially suitable horses that are for sale or loan. We are seeking horses between 7 years and 15years old, 12.2hh and 15.3hh, that have at least a basic education under saddle, are quiet and sound.

## Volunteer News

### 2012 ACT Volunteer of the Year Awards

As mentioned in our last newsletter, on May 15<sup>th</sup> the ACT Volunteer of the Year Awards were held at The Abbey in Gold Creek. Pegasus nominated **Gordon McLoughlin** in the Individual category and our Hippotherapy Team in the Team category. We are very proud and pleased to announce that both our nominations received awards! Gordon won in his category and our **Hippotherapy Team**, consisting of **Jenny Campbell, Lyn Moss, Leslie Kalnajs, Ngaire Whitehead and Margaret Richardson** received the Highly Commended

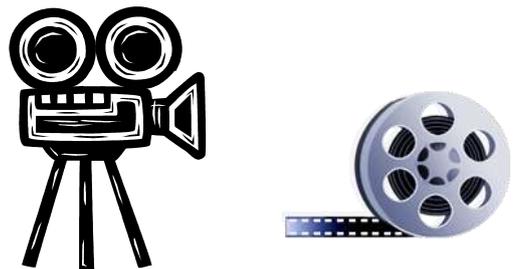
awards in theirs. There were a huge number of nominations from a wide range of volunteer organisations across the Canberra region, so it was such an achievement for our Pegasus volunteers to win these awards. We are very lucky to have such skilled and dedicated volunteers, and you deserve to be recognised at this high level.

**Congratulations  
Gordon, Jenny, Lyn, Leslie,  
Ngaire and Margaret!**



## Autism Spectrum Disorder Information Evening and Movie Night

Very soon we will be having a guest speaker come to Pegasus to talk about understanding autism, and how you as volunteers can work with our riders with autism in the most effective way possible. We have not yet secured a date for this yet as we are still waiting to hear back from our speaker as to her availability. But watch this space! It will be a great opportunity for some extra training in this field if you are interested. Following on from that, on another evening we will hold a movie night at Pegasus. We will show the movie Temple Grandin, a fantastic biographical story about an American woman who lives with autism and who speaks all over the world about her experiences, including the sensitivities and bonds she has working with animals. We will let you know asap when these dates have been secured. All welcome!



## New Volunteers

In early June we ran two more volunteer induction training sessions. As a result we now have 28 new volunteers at Pegasus, some of who have started already. Please say 'hi' to these new people when you see them at Pegasus, make them feel welcome and perhaps share some of your skills and knowledge about your Pegasus experiences. To all our new volunteers, we hope you enjoy working with us on our fantastic volunteer team!

Pegasus Doodling Page  
(for those times you just need to wind down)



## Thanks to our supporters and sponsors

Pegasus relies on the support and donations from a range of people in our community. We would like to gratefully acknowledge the assistance of the following.

- **Eastlake Football Club, Kaleen Sports Club and the Caldwell Club** – for their continuing sponsorship of the Pegasus Volunteer Program in 2012.



- **The Lord Mayors Charitable Fund** – sponsorship of the Pegasus Volunteer Program in 2011/12.



- **CMax Communications** – for providing public relations, media and fundraising support.



- **Rotary Club of Canberra City** – for partnering with Pegasus during 2011, 2012 and 2013 for the ACT Springtime Antique and Collectibles Fairs



- **Therapy ACT & Masonicare** – for support to our Hippotherapy program.



- **The Canberra Equine Hospital** – for vet services.
- **King and Wood Mallesons** – for their pro bono legal advice and donations via their workplace giving program.
- **Patterson Rural Contractors** – for assistance maintaining the property in general.
- **666 ABC Radio** – ongoing media support
- **Jack Laing, Bungendore Vet Hospital** – vet services
- **Di Jenkins** – discount on services
- **Bindabella Stock Feed** – discount on feed supplies
- **Territory and Municipal Services** – garden mulch

## Grants

- **ACT Government**



- **Community Services Directorate, Disability ACT, ACT Government**



- **Territory and Municipal Services Directorate, Sport and Recreation Services, ACT Government**



## 2012 Open Day Supporters

These wonderful people and businesses supported us at our Open Day festivities. Without their generosity the day would not have been such a great success. Please provide your support to them in return.

- **Florey Fine Meats (sausages)**
- **IGA Florey (bread and sauces)**
- **Exhibition Centre, Fyshwick (road signs)**
- **Capital Chemist (raffle prizes)**
- **The Bower Birds, Gold Creek (raffle prizes)**
- **Franklyn B Paverty, Aussie Folk Music (bush band)**
- **Bushrangers Baked Potatoes**
- **Dutch Pancakes**
- **Neil Manton (Asian textile exhibits)**
- **Lions Club of Belconnen (sausage sizzle)**
- **Black Magic Coffee**
- **Clowning Around (jumping castle)**

And of course as always,

- **Pegasus volunteers (for all and sundry!)**

## Thank you to our generous donors

- Inner Wheel Club of Canberra Belconnen (donation)
- J & K Byrne (Pegasus rider's parents) (donation)
- ACT Law Society (donation at Launch of National Law Week)
- J Nicholson (donation)
- Robert and Robyn Gower (donation)
- Isabel McBryde (donation)
- Canberra Equine Hospital (donation)
- Bungendore Vet Surgery (donation)
- Derek Carroll (donation)
- Australian Federal Police Golf Club (donation of proceeds from 2012 Golf Day)
- IP Australia Social & Welfare Club (donation)
- Belconnen Lions Club (annual donation)



- Noeline Cross (donation)
- Michael & Anne Gray (donation)
- King & Wood Mallesons (workplace giving)
- Phillip Livingston (Pegasus volunteer's brother) (donation)
- Steve Richards (donation)
- Rachael Stephen-Smith (donation)
- Glenn Littley (donation)
- Sharon Coker (donation)
- Sylvia Greg (donation)
- Robert Jackson (donation)
- Kimberly Clouser (donation)



## 'Adopt a Pony' Sponsors

- **Tully - Capital Chemist**



- **Mandy - Crystal Approach**



- **Jacko - Gary Rake**



## Horses purchased on behalf of Pegasus by:

- Joan Bates (dec)
- Lyn and Graham Moss
- Lords Taverners of the ACT
- Paperchain Bookstore in Manuka
- Rotary Club of Canberra East



Rotary Club of Canberra East

**Thank you from our horses and riders!**