



PEGASUS

HoofPrint

Riding for the Disabled of ACT (Inc.)

Term 1 2012

Hello All,

2012 has started off well. Term 1 classes commenced in February and it was wonderful to see all our fantastic riders, their carers and our volunteers back on deck with smiling faces. While we do have a very peaceful time to catch up on things that get put off during the year we really miss everyone over the Christmas break and it's always great to see them all back.

Term 2 is about to get underway, the horses have enjoyed a bit of a rest and we are gearing up for our annual Open Day on Saturday 5 May 2012, see article later in the newsletter for details. Hope to see you all there!

Simone Doherty, Executive Officer

Tax Time is again looming on the horizon and donations over \$2 are tax deductible!

Please consider making a donation to Pegasus to assist us in continuing to provide our services. Every dollar is much appreciated and helps us to continue providing our services and looking after our wonderful herd. Remember every donation over \$2 is tax deductible and the end of the financial year is fast approaching.

Donations can be made:

- Online at <http://www.givenow.com.au/pegasusrda>
- By EFT to: **Account Name:** Riding for the Disabled for the ACT Inc T/as Pegasus
BSB No: 032 712
Account No: 112218
- By cash/cheque only to Pegasus at 119 Drake Brockman Drive, HOLT ACT 2615

2012 Dates for your diary



- **Pegasus Open Day and Mini Fete – Saturday 5 May**
- **Term 2 2012** – Tues 1 May – Sat 7 July
- **Term 3 2012** – Tues 7 August – Sat 29 September
- **Term 4 2012** – Tues 16 October – Sat 8 December
- **Family Days** – Tues 3 July – Sat 7 July and
Tues 4 December – Sat 8 December
- **2012 Christmas Party** – Sat 8 December

Featured Donor

Baden Williams

Front End Loader for Pegasus Tractor

Baden Williams, a very generous Canberran, has donated a front end loader/bucket for our tractor.

This has made life much easier for our dedicated and hard working grounds maintenance people. Amongst other things, Brian and his wonderful team of volunteers have been able to move large amounts of mulch around the sensory garden with ease since Baden provided the front end loader. It has made everything so much faster and far less back breaking!



Many thanks Baden!

A member
of:



119 Drake Brockman Drive, HOLT, ACT 2615
Ph/Fax: (02) 6254 9190

Email: enquiries@pegasusact.com.au

Web: www.pegasusact.com.au



Funding Matters!



Fundraising and donations

Our recurrent funding is lagging further and further behind real world expenses so we are still actively looking for ongoing financial assistance from any who may be interested in supporting Pegasus on a regular basis.

If you know of any individuals, families or businesses that would consider making a regular, small, monthly, quarterly or annual donation to Pegasus please ask them to contact Pegasus. We are very happy to provide any information required and always love to have visitors come to Pegasus so we can show them what we do here. All donations large or small are greatly appreciated. Remember donations over \$2 are tax deductible.

There are various ways to make donations to Pegasus but the easiest is through the secure website "Give Now".

<http://www.givenow.com.au/pegasusrda>

Donations made this way can be a one off donations or recurring ones.



Adopt a Pony!

Another great way to support Pegasus is to adopt one of our wonderful ponies. The average cost for keeping one pony for a month is \$250 or \$3,000 for a year and sponsorship can be a one off arrangement or an ongoing relationship ... whatever suits you.

Adoption of a pony covers the following:

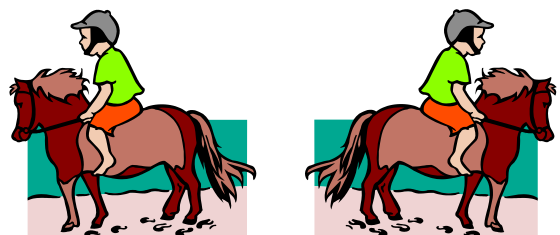
- Hay and supplementary feed
- Health Services including veterinary, dental, chiropractic, physiotherapy, etc
- Farrier services

Featured Pony

Remi



Remi is a beautiful 8 year old welsh cross mare. She stands 13 hands high and is liver chestnut in colour. She is a very placid little lady and always willing to work. Remi was purchased for Pegasus in October 2010 by Joan Bates (one of our wonderful supporters who passed away late 2011 (see previous newsletter)). She misses Joan immensely and all the little treats and kisses she would get from Joan on a regular basis. Remi is a much valued member of the Pegasus herd.



Pegasus Events

Pegasus Open Day and Mini Fete

Save the date and pass the word

Saturday 5 May 11am – 3pm

Here we go again! Our annual Open Day and Mini Fete will be held from 11am to 3pm on Saturday 5 May. We had such a great time at last year's Open Day we are very much looking forward to this year's event.

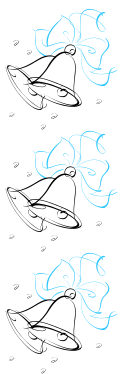
Activities include:

- Demonstrations: class demos, horse parade
- Kids' Fun: Face painting, jumping castle, chocolate wheel, chocolate throw, biscuit decorating and pin the tail on the pony
- Fabulous Food: Sausage sizzle, potatoes in their jackets, homemade soups, REAL coffee and Dutch pancakes
- Mini Fete Stalls: books, craft, plants and cakes
- Entertainment: Bush band, Threads of Asia Textile Exhibition and Smiley the RDA mascot

Come along and join in the fun, there's something for everyone!



Staff Update



The highlight of Term 1 was **Mary**, our horse manager, tying the knot with her beau **Jay**. It was a lovely ceremony at the beautiful Tharwa Church followed by a reception at Mount Stromlo. We wish Mary and Jay all the best in their new life together, may it be healthy, happy and prosperous.

Coaches Corner

Friday afternoon training sessions of our RDA Coach Training Program continue and our trainee coaches are all doing well in both the practical and theoretical sides of their studies.

The Coach Training Program is being generously supported through a grant from **Sport and Recreation Services of Territory and Municipal Services (TAMS)**.



2012 National RDA Coaches Conference

The **National RDA Coaches Conference** will be run mid year 2012 in Geelong in Victoria. This National Conference is only run **once every two years**. We are hoping all our trainees will be able to attend. It is a marvellous opportunity for our coaches and trainees to network with others from around Australia. There are also many interesting and worthwhile sessions offered at the workshop which will further assist our trainees and coaches learning and knowledge in their chosen field of RDA coaching.



You can help!!!

We are looking for financial assistance to send our trainees to the Conference. If you are able to assist it would be greatly appreciated. We are looking at approximately \$650 per person to attend this conference and as we have 6 trainees any support is most welcome.

Herd Happenings

Our horses are progressing well. We currently have 16 horses in the herd, the majority of which are looking for sponsors to help with their upkeep. See Adopt a Pony earlier in the newsletter.

Our beautiful **Misty** was not enjoying RDA work so has found a good home at Gooromon Park Riding School. She has settled in well and is the favourite of the school's riders at present. They all want to ride her!

At present we have two ponies on trial at Pegasus, **Bluebell** and **Zip**. Both are being assessed for suitability to RDA work. Bluebell is a very pretty grey mare and Zip is a handsome palomino gelding.

Below are two of our handsome boys, Zoltan and Scout, who are looking for adoptive 'parents'.



Zoltan



Scout

We are still looking for more new horses and ponies so keep your eyes peeled for us.

RDA Victoria Ponies Stolen

Very disappointing news!



On the night of Wednesday the 4th of April two ponies from RDA Officer Centre were stolen from a locked paddock. These ponies were used as part of their program which provides equestrian activities to riders with disabilities.

One of two stolen RDAV ponies has been found and returned to the RDA Officer centre in Melbourne, as a result of community and police support.

Benny was found, when an alert woman who had heard reports of the two stolen ponies, noticed a pony in a paddock that was generally empty. She notified police, who quickly returned him.

RDAV President Lesley Hewitt said, "We appreciate the outstanding community support and police assistance in finding Benny and we are still hoping to recover Bozo so would ask everyone be on the lookout for him."

Bozo, the distinctively coloured Australian Riding Pony, is a liver chestnut with a flaxen mane and tail and two white socks. He stands at 12.3hh and is 22 years old. There have been no reports of his whereabouts.

The ponies were taken from Officer at around midnight.

The loss of the recently donated ponies has hit the Officer Centre hard as it is the most recent in a long line of thefts. Since March 2011 over \$20,000 worth of property, including a ride on mower, hay and horse equipment has been stolen from Officer RDA. The Centre recently installed new security lights and alarms but these have failed to stop the latest theft.

The stolen ponies were generously donated to help Officer Centre re- open after being forced to close for a period due to flood damage from the January 2011 floods. As a not-for-profit organisation Riding Develops Abilities (formerly known as Riding For The Disabled Association of Victoria – RDAV) relies on donations such as these two ponies to continue to operate their programs.

If anyone has any information on the stolen ponies or any other equipment please contact Senior Detective Colin Beard at the Pakenham Police Station on (03) 5945 2559.

Horse Welfare

As you are all very aware we value our horses greatly at Pegasus. We all have a very strong commitment to our equine friends. Aside from the fact that they deserve our respect and care as living, breathing creatures, being special in their own right, they are also an integral part of our programs. As with our wonderful volunteers, we would not be able to offer our programs without our trusty steeds.

Please keep your eyes open for any issues that you may perceive concerning our beautiful horses while working with them. Pass on any information you think may be relevant to the welfare of our horses and ponies to our coaches and/or horse staff. All suggestions, observations or advice will be considered seriously in conjunction with advice from our very knowledgeable equine professionals.

All information provided will be taken very seriously. Your observations may be the first indication of an issue affecting one of our horses which has previously gone unnoticed. Once aware of a potential issue we will consult with our equine professionals and others with knowledge and experience in equine care. There are many different views of how to deal with particular issues and we will make the best and most informed decision we can in all circumstances once

we are aware of any issue. Always remember though, the saying "For every expert, there is an equal and opposite expert".

Each and every one of us at Pegasus has the best interests of our horses and ponies at heart. Please, if you notice any of our equine friends having a problem let us know immediately and we will investigate.



Fundraising Update

Pegasus Cookbook

Cookbooks are still available and will be able to be purchased on the Open Day on Saturday 5 May. There has been plenty of positive feedback from the cookbooks so don't miss out on yours.

Cost is \$20 or if 3 or more are purchased the cost is \$18 each.



2012 Pegasus Calendars – **Half Price!**

We still have some 2012 calendars left if anyone is still without a calendar for the year. They also will be available on the Open Day or can be purchased through the office. The price has been reduced to \$6 per calendar.

Were \$12 now \$6 per calendar

Volunteer News

Welcome back to Pegasus Volunteers

It is great to have all our volunteers back for Term 1 2012. We really do miss them all over the long Christmas break. Everyone turned up with smiles on their faces looking forward to the new year.



2012 ACT Volunteer of the Year Awards

The ACT Volunteer of the Year awards are coming up again on 15 May 2012 and once again we have nominated some of our dedicated volunteers. Fingers crossed for both the individual and the team we've nominated. It would be wonderful if we could nominate all our volunteers for these awards as we think each and every one is well deserving of such recognition. Without our fantastic volunteers Pegasus just would not happen!

Pegasus Volunteer Program

We have successfully run two induction training programs for new volunteers at Pegasus this year. We have quite a few new and willing hands available to assist with the many and varied tasks we have on offer, including quite a few young ones to assist with School Holiday Programs. Welcome to the team and thanks for coming to help us!

Many thanks once again to the **Eastlake Football Club Group** and the **Lord Mayor's Charitable Fund** of Melbourne for supporting our Volunteer Program which is integral to Pegasus operations.



Corporate Volunteering



A new initiative from Volunteering ACT will see an increase in corporate volunteering in the Canberra region.

Corporate Volunteering (also known as Employee Volunteering) is where businesses support their employees to take on volunteering work in the community. Employee Volunteering is a way for businesses to come together with community organisations to help the community prosper.

Pegasus will be hosting the first group of volunteers to come through Volunteering ACT's new initiative on Monday 14 May 2012. A group of very welcome volunteers from the Community Services Directorate of the ACT Government will be coming out to Pegasus for a working bee around the farm for the day. Pegasus has some regular, long standing corporate groups that help with work at the farm but this innovative initiative from Volunteering ACT will see a much appreciated increase in volunteering of this type for all not for profit organisations in the region.

Please see the Volunteering ACT website <http://www.volunteeract.org.au/corporate/benefits-corp-volunteer> for more information.

Well done Volunteering ACT!



Sensory Garden



The Sensory Garden is looking lovely thanks to much hard work from our gardening volunteers and the generous donations of mulch from **Territories and Municipal Services**. Many thanks for the continued support!! It really does help tremendously with the weed issues.

We'd like to welcome two new regular volunteers to the sensory garden. Their assistance and hard work is much appreciated with this ongoing project.

- ▲ **Martina** has come to assist Neil in the vege garden. She is doing a wonderful job and the winter crops are flourishing; and
- ▲ **Pat** has joined Brian's team helping with many and varied tasks from gardening to general maintenance about the place.

We are still keen to enlist more dedicated volunteers to help us with regular maintenance in the garden so if you know of anyone that might be interested please ask them to contact us.



Stawberries in the vege Garden



Gazanias along the garden pathway

Website

Pegasus now has a new website, still the same web address www.pegasusact.com.au. Hop on the web and check it out it looks great.



Lianne our Project Officer has done a great job (and had a lot of fun in the process) of creating the new site. We decided it was time for a new look to keep us fresh and, with some apprentice web design skills available in house, thought we'd give it a go. You'd never know that this is the first website that Lianne has created would you? Well done Lianne.

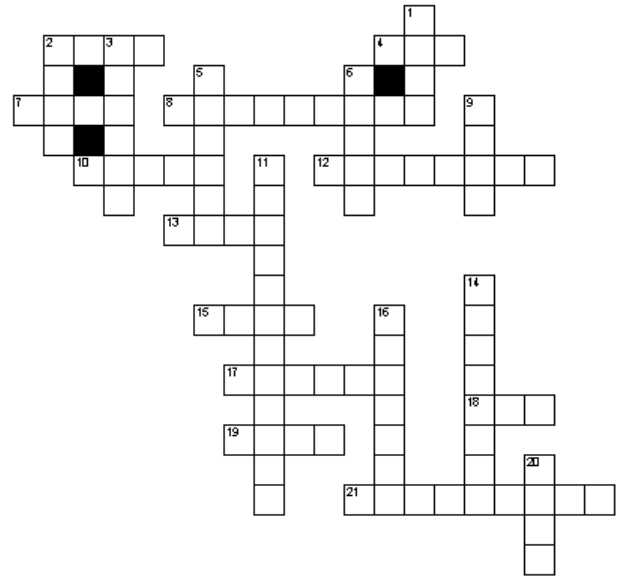
At this point I'd like to thank **Tanya Martens**, one of our long time dedicated volunteers, for all her hard work creating and maintaining our previous website. She has done a marvellous job and put up with our continued needs and requests over many years without batting an eyelid. Her long term support of Pegasus and the website have been greatly appreciated.



A very big thank you Tanya!

Crossword Time!

This is a great crossword I found of the web, have a bit of fun



Across

2. A newborn horse of any sex
4. The mother of a foal
7. Technically means a male horse under the age of four but is often used for any young horse
8. When a sire from one breed is bred with a dam from another breed
10. A healthy horse that has no breathing or lameness problems.
12. A one year old horse.
13. The long straps attached to the bit used by the rider to control the horse.
15. A female horse.
17. A simple piece of headgear for leading and tying up.
18. The part of the bridle that goes in the horse's mouth to give the rider more control
19. The father of a foal.
21. A female horse used for breeding

Down

1. The unit used to measure horses, from the ground to the withers.
2. Rubbery V-shaped structure in the center of the sole, under the hoof.
3. How a horse moves
5. The combination of straps that fit around a horse's head and are used to control it for riding
6. A horse that is untrained or inexperienced.
9. Any forward movement of the horse such as walking or galloping.
11. The shape of a horse, or the way it is put together.
14. Bred from horses of the same breed (full blood).
16. A specialist in equine hoof care.
20. All the items of saddlery used for riding.

Answers at the end of the newsletter! Don't cheat!

See <http://www.angelfire.com/tx4/horselovers/index.html>

Thanks to our supporters and sponsors

Pegasus relies on the support and donations from a range of people in our community. We would like to gratefully acknowledge the assistance of the following.

- **Eastlake Football Club, Kaleen Sports Club and the Caldwell Club** – for their continuing sponsorship of the Pegasus Volunteer Program in 2012.



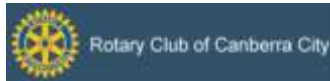
- **The Lord Mayors Charitable Fund** – sponsorship of the Pegasus Volunteer Program in 2011/12.



- **CMax Communications** – for providing public relations, media and fundraising support.



- **Rotary Club of Canberra City** – for partnering with Pegasus during 2011, 2012 and 2013 for the ACT Springtime Antique and Collectibles Fairs



- **Therapy ACT & Masonicare** – for support to our Hippotherapy program.



- **The Canberra Equine Hospital** – for vet services.
- **Mallesons, Stephens and Jacques** – for their pro bono legal advice and donations via their workplace giving program.
- **Patterson Rural Contractors** – for assistance maintaining the property in general.
- **666 ABC Radio** – ongoing media support
- **Jack Laing, Bungendore Vet Hospital** – vet services
- **Di Jenkins** – discount on services
- **Bindabella Stock Feed** – discount on feed supplies

Grants

- **ACT Government**



- **Community Services Directorate, Disability ACT, ACT Government**



- **Territory and Municipal Services Directorate, Sport and Recreation Services, ACT Government**



2012 Open Day Supporters

- **Florey Fine Meats (sausages)**
- **IGA Florey (bread and sauces)**
- **Exhibition Centre, Fyshwick (road signs)**
- **Capital Chemist (raffle prizes)**
- **The Bower Birds, Gold Creek (raffle prizes)**
- **Franklyn B Paverty, Aussie Folk Music (bush band)**
- **Bushrangers Baked Potatoes**
- **Dutch Pancakes**
- **Neil Manton (Asian textile exhibits)**
- **Lions Club of Belconnen (sausage sizzle)**
- **Black Magic Coffee**
- **Clowning Around (jumping castle)**

And of course as usual,

- **Pegasus volunteers (for all and sundry!)**

Thank you to our generous donors

- Baden Williams (Front end loader for tractor)
- Greg Edwards (donation)
- OzHarvest (sharing expertise)
- ACTEW Corporation (annual donation)
- Australian Federal Police (donation)
- Joan Braithwaite (donation)
- Beth Stone (donation)
- IP Australia Social and Welfare Club (donation)
- TAMS (mulch for the sensory garden)
- Combined Probus Club of Cooleman (donations)
- Mallesons Stephen Jaques (donations)



'Adopt a Pony' Sponsors

- **Tully** sponsorship by **Capital Chemist**
- **Jacko** sponsorship by **Gary Rake**
- **Crystal Approach** yet to choose their pony



Horses purchased on behalf of Pegasus:

- **Remi and Jacko** by Joan Bates (dec)
- **Lochie** by Lyn and Graham Moss
- **Taverner's Bill** by Lords Taverners of the ACT
- **Scout** by Paperchain Bookstore in Manuka
- **Leo** by Rotary Club of Canberra East



Rotary Club of Canberra East

Thank you from our horses and riders!

Answers to the Crossword (remember, don't cheat!)

Across

2. foal
4. dam
7. colt
8. cross bred
10. sound
12. yearling
13. reins
15. mare
17. halter
18. bit
19. sire
21. brood mare

Down

1. hands
2. frog
3. action
5. bridle
6. green
9. gait
11. conformation
14. pure bred
16. farrier
20. tack