



Can you help Pegasus?

Pegasus is a not-for-profit community organisation that provides equestrian activities for people with disabilities. We deliver quality equine based programs in a safe and supportive environment for those with a disability. Through our integration of therapeutic, sport, educational and recreational programs, we encourage people of all abilities to succeed and achieve their personal goals.

Horse riding helps to improve co-ordination, balance, muscle development and fitness. It boosts personal confidence, self-esteem, communication skills, leadership and trust. It is also great fun.

When running full programs we have approximately 100 riders with a disability and about 20 able bodied riders registered in our programs. Our classes are structured on equestrian ability, including riders with a disability and able bodied riders wherever possible.



The Pegasus Foundation

The Pegasus Foundation supports Pegasus Riding for the Disabled by raising money to purchase, and care for ponies. We also help maintain Pegasus programs, facilities and services.

Two ways to help

Join the Foundation: We are asking Canberra individuals, families and businesses to make an ongoing contribution by adding \$85/month (or \$1,000/year) to their household or business expenses as a tax-deductible contribution to Pegasus riding programs.

Join the Foundation & Adopt a Pony: You can make a significant contribution by also Adopting a Pony. Everyone knows that keeping a horse is expensive! Keeping the special Pegasus ponies in great health is essential to the delivery of our programs. Your tax-deductible donation of \$250/month (or \$3,000/year) will pay for one of our ponies to be fed, shod and receive all routine veterinary, dental and chiropractic care.

How?

Email the Chair of the Pegasus Foundation Gary Rake for more information: rakedover@gmail.com

Online: www.pegasusact.com.au/donations1

Cheque: Post to the address below.

Direct credit: BSB: 032 778 A/c: 398466 A/c Name: Riding for the Disabled ACT Incorporated

Pegasus ACT: 119 Drake Brockman Drive, Holt ACT 2615 | www.pegasusact.com.au

"I donate. The joy you see on the face of a child on a Pegasus horse is simply wonderful."

Annette Ellis, former Member for Canberra

*"I give because the bond between man and horse is one of the oldest and most important in human history.
Pegasus changes lives"*

Alan Dixon, Dixon Advisory

*"I give because I see the change in every young person when they are on a horse. With three beautiful children of my own,
I understand how important what Pegasus does is for those less fortunate."*

Alan Tongue, former Captain, Canberra Raiders

*I'm involved with the fantastic team at Pegasus as a physiotherapist/hippotherapist. Not only do I see positive physical results
and outcomes as a result of therapy on horseback but perhaps more importantly- the giggles, smiles and sometimes even words
such as "I was so proud of myself" make every session so worthwhile.*

Marianne Davidson - Bachelor of Applied Science in Physiotherapy.

*"The riders bring courage, the Pegasus staff and volunteers bring knowledge and the horses bring good-nature!
Add a few dollars from us and great things happen."*

Gary Rake, Chair, Pegasus Foundation

