



HoofPrint

HoofPrint Autumn 2018

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IN OTHER NEWS

Upcoming Events – Save these dates...

Saturday, 7 April: Opening of the Twitter Art Exhibit #TAE18 (www.twitterartexhibit.org) at Strathnairn Arts (2pm).

Saturday, 5 May: Pegasus Open Day

Friday, 22 June: Corkhill Bros Pegasus Race Day.

Term Dates 2018

Pegasus term dates for 2018 are:

Term 1: Monday, 5 February to Saturday, 14 April

(School will start a week

From the CEO

Welcome to the first HoofPrint for 2018. I always look forward to keeping our readers updated on the wonderful Pegasus happenings, as we continue to grow from strength to strength in the quality programs and activities we provide.



It's been a busy start to the year – which I'm sure, is true for most people out there. During the early part of the New Year, whilst the horses were on holiday and the programs were on break, there were some busy hands out on the farm!

For those who haven't visited Pegasus in a while, you will notice a few changes to the farm and office facilities next time you're out. We now have a fantastic new machinery shed, which is the perfect place to store not only our tractor, but also our valuable horse float, company vehicle and other farm machinery away from the elements. The funding for this was provided through the **Sport and Recreation Grants program** – thank you!

It is with great appreciation and gratitude that I also acknowledge **Canberra Sand and Gravel** for their gift of a rock solid road base to help us access our new shed, which is especially important given Canberra's changeable weather conditions. Thank you as well to the tireless efforts of **Mark Ryan** and **Paul Sloane** for making sure that all of these activities were well organised and came together perfectly.

In addition to the new shed, we have a newly furnished demountable, providing much-needed additional office and administration space. I would like to recognise **Knight Frank** (and their subcontractors), and **Kynetic** for their hard work and generosity. **Master Carpets** very kindly gifted us carpet for our new demountable (to the value of \$6,750). Their wonderful donation makes our demountable office look very professional and will also provide cosy insulation for staff during the chilly winters.

after)

Term 2: Monday, 30 April
to Saturday, 7 July

Term 3: Monday, 23 July
to Saturday, 29
September

Term 4: Monday, 15
October to Saturday, 8
December

Thank you to all our supporters

Our major donors and their generous donations help Pegasus make a real difference to those living with a disability in the ACT and local NSW region.

January 2018 – March 2018

\$500 and over

- Helen Brown
- King & Wood Mallesons
- Knight Frank
- Mr Marcus Quinlivan OAM
- The Allan Key
- The Lord's Taverners ACT
- The Lord Mayor's Charitable Foundation.

Scholarship Sponsors 2018

- Belconnen Bowling Club
- Canberra Rotaract Club
- Capital Chemist
- Kevin Heindl (in Memory of Helen Heindl)
- Mr Marcus Quinlivan OAM
- Network Electrical Group (in Memory of Chris Hall)
- Penny Ferguson (Ruth Dolman Scholarship)
- St Francis Xavier College

But it's not only the bricks and mortar additions that have been keeping us bright-eyed and bushy-tailed. The School Holiday program was well attended, and now that the school year has started and our programs are in full swing, it's great to see the familiar faces returning to Pegasus and the new ones starting.

In February, we held our annual **Scholarship Awards Night** – always a highlight on the Pegasus calendar for me. To see the joy and sheer delight on the faces of the Scholarship recipients and their families – as well as the Scholarship sponsors who get to present certificates to their recipients – it just never gets old. Thanks to the photographic flair of Dr Margo Wade, there are now some fabulous photos of the evening on our website, so make sure you have a look: www.pegasusact.com.au/scholarship-awards-2018.

The Scholarship program is only available because of the generosity and benevolence of our donors and sponsors, as we would not be able to offer these scholarships without the help and support of them. If you would like to be involved in the 2019 Scholarship program as a sponsor, please visit our website: www.pegasusact.com.au for more information.

From a community fundraising perspective, we've been really lucky to have the support of some wonderful organisations and businesses. Thanks to the team at **Bendelta** for hosting another Leadership Lunch where we were the beneficiary. The lunch was well attended and raised \$4,700. Similarly, **Cockington Green Gardens** chose Pegasus as one of their beneficiary charities, and raised \$3,000 for us as part of their recent Canberra Day celebration. Great work everyone!

We have a very exciting event – the **Twitter Art Exhibit** – coming up in April, and Pegasus is the chosen beneficiary charity. The Twitter Art Exhibit #TAE18 officially opens at Strathnairn Arts on Saturday, 7 April and continues until 29 April.

Now in its eighth year, the Twitter Art Exhibit (www.twitterartexhibit.org) has raised over \$50,000. Artists worldwide donate postcard-sized, handmade original artwork to the #TAE – which are then showcased for purchase – with 100 per cent of the proceeds donated to charity (and this year it's Pegasus). You can find all of the exhibition details on our website: www.pegasusact.com.au/upcoming-events, as well as some examples of the wonderfully creative handmade postcard artworks. These postcards are on sale after the official exhibition opening and also online from Pegasus.

As lucky as we are to have the support of local businesses and organisations, that so kindly think of Pegasus and host events on our behalf, I'm also incredibly grateful to see so much support on the farm-front. Every single day, I witness the wonderful and important work our volunteers do for us. It goes without saying that our volunteers really are the lifeblood of Pegasus – the indispensable influence that gives Pegasus its strength and vitality.

To ensure that we can continue to enhance our volunteers' experience with us, our Volunteer Coordinator, Allison McCudden and our

- Tall Foundation
- The Lions Club of Canberra, Kambah
- The Lions Club of Canberra, Woden
- The Lord's Taverners ACT
- Yolanda Rohling-Goorden.

In-kind (\$500 and over)

- Canberra Sand and Gravel
- Master Carpets.

Pony Adopters

- Barbara Scott
- David Whittern
- Den, Dean and Romy Collier
- Joanne Gibbons
- Marcus Quinlivan
- Radford College
- Riverview Group
- Sally Druhan
- Tall Foundation
- The Lions Club of Canberra Belconnen
- The Silburn family
- The Walking Clinic
- Thoroughbred Park.

Charlie (the Mouser)

- Jane Donnelly.

Help us build our herd



We continue to be on the lookout for new horses.

If you know of anyone with a pony or horse you think may be suitable, please check out the questionnaire on our website:

www.pegasusact.com.au/pegasus-

Program Manager, Andrew Kelly are currently working to reconcile our volunteer information and identify areas where we can provide training and additional activities.

The Pegasus team continues to grow with the addition of our new Fundraising Manager, Anna Collins – welcome! Anna joined us in February and has been on the go right from the start, primarily engaged in the planning of our Open Day.

Speaking of our annual **Open Day**, it is quickly approaching. Mark your calendars for **Saturday, 5 May**. As many of you already know, the Open Day is a great community day out for the whole family. A celebration of all things Pegasus, we get the chance to open our gates to the community and show them what we do and who we are.

There will be lots of fun to be had with activities including horse demonstrations and horse parades, music and entertainment, delicious food, fabulous stalls, tractor rides, and much more. So, make sure you save the date **Saturday, 5 May from 10am to 3pm**, and I will see you here.

Last, but certainly not least, our gorgeous Pegasus horses enjoyed a holiday over the Christmas and New Year break. Days were spent relaxing in the paddocks, whinnying to their pals over fences, and waiting (on the dot) for their morning and afternoon feeds. What a life huh? Now, they are eagerly back in program sessions enjoying themselves with the Coaches, volunteers and program participants.

Talking of horses though, we are still desperately on the lookout for suitable horses and ponies to join our herd. If you have – or know of anyone who has – a suitable horse for Pegasus, please see our website: www.pegasusact.com.au/pegasus-needs-ponies for more details and let us know.

Well, that's it for now. I hope everyone had a lovely holiday season and New Year, and I look forward to seeing some of you at our Open Day soon.

Sincerely,

Jane Thompson, CEO Pegasus

#TAE18 exhibits in April

'Through Art We Can Change the World'

The #TAE or Twitter Art Exhibit (@twitreartexhibit) is a social media-powered art exhibition held every year to generate income for charities and non-profit organisations around the world.



Now in its eighth year, the Twitter Art Exhibit has raised over \$50,000.

Staffing news...



We are thrilled to announce that we have a new Fundraising Manager, **Anna Collins**. Anna joined the Pegasus team in February and brings a wealth of experience with her.

Anna joins Pegasus after taking a four year career break to raise her young family and support her husband in his work post in Paris. In a previous life, Anna worked as a relationship manager and consulting actuary providing superannuation advice to trustee boards and employers. Anna hopes to use her transferable skills, including project management, relationship management and communication to support and strengthen Pegasus' funding base.

Anna is looking forward to managing Pegasus' successful fundraising strategies and using her creative side to come up with new fundraising ideas.

She is passionate about the benefits of horse-facilitated therapy and is excited to be part of the Pegasus team. Anna grew up with horses and started riding as soon as she could sit upright. Her mother has been a volunteer for the UK organisation Riding for the Disabled Association

Artists worldwide donate postcard-sized, handmade original artwork to the TAE – which are then showcased – with 100 per cent of the proceeds donated to charity. This year, #TAE18 will be showcased at Strathnairn Arts and Pegasus is the beneficiary charity. The exhibit runs **7 April to 29 April**.

Postcard artwork (like some of the beautiful examples below) is also available for online purchase from Pegasus **from 9 April**.

Twitter Art Exhibit Officially Opens:

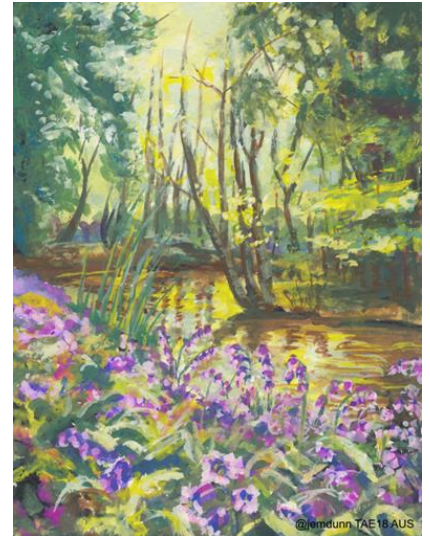
When: Saturday, 7 April
From 2pm

Where: Strathnairn Arts Gallery
90 Stockdill Drive, Holt ACT.

Be ready! It is a 'first in, first served' basis so make sure you are there for this unique original postcard art exhibition to open so that you don't miss out! For more information about this exciting art exhibition, please visit our website: www.pegasusact.com.au/upcoming-events



@curiosityrocks 'Oh My Stars' postcard



@jemduinn 'Reflection' postcard



@Zilstar 'The Netherlands'



@Kirstensneath1 'River Otter' postcard

(RDA) for many years, so clearly the passion runs in the family! Welcome to the team Anna.

Ways to donate

Online:

Visit pegasusact.com.au and click on the 'Make a Donation' button.

Direct deposit:

BSB: 032 712
Account Number: 11 22 18

Cash donation:

Can be made directly to Pegasus during our working hours of 9am–5pm, Monday to Friday.

Cheque:

Made out to Pegasus, cheques can be posted to us: 119 Drake Brockman Drive, Holt, ACT 2615.

Make a Bequest

A bequest to Pegasus is one of the best ways to leave a lasting legacy that has the power to transform lives well beyond your lifetime. A bequest is a gift nominated in a Will to a person or an organisation.

Bequests to Pegasus may consist of:

- a percentage of your estate
- a nominated dollar amount
- proceeds from a life insurance policy
- shares or bonds
- property or real estate.

You may choose to leave your gift for general use or you may prefer to discuss your gift intention with Pegasus to identify a specific project. It's up to you, but you can be assured that your wishes will be honoured.

Simply make a provision in your

Pegasus celebrates Scholarship Award recipients

Pegasus' annual Scholarships Awards Night was held on Tuesday, 27 February with 15 scholarships being presented this year.

This is the fifth year Pegasus has provided the scholarship program which supports people with a disability who aspire to develop their potential through horse-related activities and associated therapy.

Scholarships enable participants to experience, and benefit from, a Pegasus program (Mounted or Unmounted) over a 12-month period (calendar year) who otherwise may not have the opportunity.

Pegasus' Chief Executive Officer, Ms Jane Thompson says the scholarship program is only possible thanks to the generosity and support of donors and local business sponsors.

The following 2018 Scholarships were awarded to:

- **Sebastian C** – Opportunities Scholarship in Memory of Chris Hall
- **Shaye M** – Riding Tall Scholarship in Recognition for Excellence in Riding
- **Hannah R** – Capital Chemist Scholarship in Recognition for Excellence in Riding
- **Hunter O** (Farrer Primary School) – Ruth Dolman Scholarship
- **Jordan T** – Canberra Rotaract Club Scholarship for Excellence in Riding
- **Darcy K** – The Confidence Scholarship in memory of Helen Heindl
- **Matthew F** – Quinlivan and Donald Scholarship for Developing Confidence
- **Xavier H** – Quinlivan and Donald Scholarship for Horse Companionship
- **Gue W** – Quinlivan and Donald Scholarship for Excellence in Riding
- **Allan B** – Lions Club of Canberra, Woden Scholarship in Recognition of Riding Excellence
- **Tayla O** – St Francis Xavier College Scholarship for Developing Confidence
- **Kamea K** – Belconnen Bowling Club Courage and Confidence Scholarship in Recognition of Good Horsemanship
- **Renee (Jan-Yin) T** – The Lord's Taverners Taverners' Bill Riding Development Scholarship
- **Ziva B** – The Courage and Confidence Scholarship in Recognition of Good Horsemanship
- **Turner Primary School** – The Lions Club of Canberra, Kambah Scholarship.

* Surnames have been omitted for privacy reasons.



new Will or add a codicil to your existing one, stating your bequest.

So if you are thinking of making or updating your Will, please remember Pegasus. Please see our website: www.pegasusact.com.au/make-a-bequest for more details.

To read more about the Awards Night, and to see the photo gallery, visit our website: www.pegasusact.com.au/scholarship-awards-2018.

If you are interested in sponsoring a 2019 scholarship, see: www.pegasusact.com.au/support-a-scholarship1 for more information and application details.

Open Day not far away

It's nearly Open Day time again! As many of you know, each year Pegasus opens the doors to the general public as an opportunity for them to visit us, discover what we are all about, and to raise our profile. Our next Open Day is on **Saturday, 5 May**.



It is a celebration of all things Pegasus and recognises the ongoing support and contribution of the many volunteers, sponsors, donors, participants, and the local community who support Pegasus and our horse-facilitated therapy programs.

Activities on the day include horse demonstrations and horse parades, music and entertainment, delicious food, fabulous stalls, tractor rides, and much more.

When: Saturday, 5 May 2018
10am – 3pm

Where: Pegasus Farm
119 Drake Brockman Drive, Holt.

Entry is by gold coin donation. Plenty of onsite parking on the day.

How you can help...

We would greatly appreciate donations (or assistance in sourcing) any of the following items:

These items required as soon as possible:

- toys in good, clean condition
- dress up clothes in good, clean condition
- plants/cuttings
- small terracotta plant pots
- books, books and more books!
- preserves, jams and chutney's
- homemade crafts
- raffle prizes (wines, dinners/movie/afternoon tea vouchers/weekend getaways etc).

And could we please borrow your:

Become a Pegasus Pal!



We have created Pegasus PALS in honour of Pegasus co-founder Bid Williams – a special friend who we greatly appreciate! Regular donors become Pegasus PALS – people who are visionary, loyal and dedicated – just like Bid.

Regular giving is a great way to support Pegasus. It helps us by providing regular donations that we can count on. Imagine – if just three people gave \$70 a month it would support a 12-month riding scholarship at Pegasus for a child with a disability.

To make a regular gift, please visit givenow.com.au/pegasusridingfordisabled/

Why not open a Beyond Bank Community Reward account?

Pegasus is a Beyond Bank Community Reward account recipient organisation. By

opening an account and nominating Pegasus, Beyond Bank donates a percentage of the annual average balances to us.

To find out more, please see: www.pegasusact.com.au/open-a-beyond-bank-community-reward-account

Marcus Quinlivan Developing Abilities Fund

Ever wanted to give a gift that keeps on giving?

Well, that's exactly what Pegasus supporter and Honorary Life Member, Mr Marcus Quinlivan OAM did in 2014.

With Marcus' very significant gift, Pegasus has established the Marcus Quinlivan Developing Abilities Fund for people with disabilities – an endowment fund to support, in perpetuity, programs that develop confidence, self-esteem and improve physical well-being and ability through horsemanship, riding skills and horse-facilitated therapy.

Learn more about this wonderful fund at: www.pegasusact.com.au/the-marcus-quinlivan-developing-abilities-fund

From the Pegasus wishlist...



As with all not-for-profit charities, we are always in need of items to help keep our facilities functioning throughout the year. These items – some large, some small – will assist with our horse and pony care and facilities maintenance.

- working crock pots
- trestle tables
- eskies
- rice cookers.

Closer to the day we would appreciate donations of:

- food (sausages, bread, sauces/mustards, bacon, eggs, corn on the cob, soup and curry ingredients, pies, soft drinks and water)
- cakes, cupcakes, slices
- blocks of chocolate – larger sizes, as well as smaller wrapped chocolates (freddo frogs)
- milk arrowroot and plain vanilla biscuits
- containers of 'ready-to-spread' non-runny icing (Betty Crocker frosting)
- edible decorations (sprinkles, lollies).

For more details, visit: www.pegasusact.com.au/upcoming-events

Calling for Obstacle-a-thon sponsors!

A key feature of the Open Day is the Obstacle-A-Thon. In the lead up to the Open Day, our participants have the opportunity to collect donations for each obstacle they successfully navigate. The event is also an opportunity for businesses to support Pegasus by becoming obstacle sponsors!

There are 20 obstacles, and as of the date of publishing this newsletter, only twelve are still available for sponsorship at \$500 each. We invite you to consider sponsoring an obstacle.

Acknowledgement of your gift will include:

- inclusion in our quarterly newsletter, HoofPrint. Circulation over 2,700
- brand promotion: logo and linkage on our website and in our Open Day program; posts on our Facebook page; prominent signage on the obstacle at Open Day (over 2,000 people attended the 2017 Open Day)
- the opportunity to exhibit your business at our event
- promotion through selected media wishing to cover the event
- knowledge that your support is providing a unique program for people living with a disability.

If you or your business would like to sponsor an obstacle for the 2018 Obstacle-A-Thon, please let us know by phoning our Fundraising Manager, Anna Collins on 02 6254 9190 or by email at: anna.collins@pegasusact.com.au

It's first in, best dressed so make sure you get in quick!

A big thank you to the following sponsors who have already sponsored obstacles: **Capital Chemist, the Tall Foundation, King & Wood Mallesons, ProMortgage, The Lord's Taverners ACT, ActewAGL, RSM and Hillross Financial Services.**

Amongst the many items on our Wishlist, we require a Transfer Belt (pictured). Transfer Belts are RDAA approved and help high-support-needs riders in a variety of ways, including transferring from a wheelchair, to standing and onto a horse; helping to reposition or maintain position on the horse; and assisting balance.

If you would like to donate an item on our Pegasus Wishlist (found here at:

www.pegasusact.com.au/pegasus-wish-list), provide a monetary donation, or gift your services to us, please let us know on 02 6254 9190 or admin@pegasusact.com.au

Love Pegasus?!

Be a champion for Pegasus by spreading the word about us to friends, family and co-workers.

Invite friends to our annual events or host a beneficiary event for Pegasus through your workplace. Together, we can make great things happen!

Like us on Facebook!



Like us on Facebook! The more likes we get, the more people find out about Pegasus!

To find us online visit: facebook.com/PegasusRDA

Contact us

119 Drake Brockman Drive

Holt ACT 2615

Ph: 02 6254 9190

E:

Events aplenty

There have been plenty of events in the first part of 2018 where Pegasus has been the beneficiary charity. Thanks to the wonderful folks at **Bendelta and Cockington Green Gardens** for hosting events and kindly donating the proceeds to Pegasus.



Bendelta hosted a Leadership Lunch on 2 March – themed 'The Dawn of a New Science' – which raised **\$4,700** for Pegasus. The lunch featured an inspiring panel of guest speakers, including Trevor Hendy, Peter Greste and Dr Natalie Ferres and addressed the changing environment for organisations over the next decade, and how senior executives can develop their own capacity to lead in this context.

Cockington Green Gardens celebrated Canberra Day by throwing open their doors for a gold coin entry. Fun was had by everyone who enjoyed the gardens and steam train rides. Smiley was there, accompanied by our fabulous Pegasus volunteers. A total of \$6000 was raised – which will be shared **\$3000** apiece between Pegasus and another local charity Rise Above.

Thank you to Bendelta and Cockington Green Gardens for thinking of Pegasus!

Kamea's story...

Our Autumn Appeal featured the heartwarming story of Kamea (pictured riding her horse 'Taverner's Bill'). Kamea was diagnosed with Cerebral Palsy at eight months old. On a scale of one to five, one being the lowest, Kamea is rated a four – 'severe'.

She began her Pegasus journey at four years of age, and since starting her program, her mum Tenille has seen a definite improvement in Kamea's core strength. Riding gives Kamea control over her environment by using the horse as her mode of mobility.



She absolutely loves riding Taverner's Bill and together they make a

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W: pegasusact.com.au

Let us know...



If there is anything specific that you would like to see included as a regular feature in our quarterly HoofPrint newsletters, please let us know.

Your ideas and feedback are most welcome, so call us on 02 6254 9190 or send us an email at admin@pegasusact.com.au

great team – working to develop her core strength, balance and posture, with lots of smiles along the way. Read more about Kamea's journey on our website: www.pegasusact.com.au/kameas-story

Lions Club shines a light on Pegasus

A big thank you to the **Lions Club Australia** and **Lions Club Belconnen** for the fantastic new lighting in the indoor arena and the offices.

The lighting was a 50/50 contribution from Lions Club Australia and Lions Club Belconnen (to the value of \$7,293). The lighting upgrade will improve our ability to provide quality services (especially during winter when the days are shorter and darker), and will offer longer hire periods to third party users. Along with this, is the advantage of reducing our carbon emissions and power bills. Thanks again to the Lions Club Australia and Lions Club Belconnen. We greatly appreciate your support!



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